Foundation News...















2014 Nursing Scholarships

On August 12, 2014 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, and scholarship recipients attended the event. This marks the seventh year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$7,500 in scholarships were awarded to the following students:

- Kevin Rixmann attending Mercy College of Health Sciences awarded an \$1,800 C. J. Hawkins Memorial Scholarship
- Krista Hageman attending Mercy College of Health Sciences awarded a \$1,200 C. J. Hawkins Memorial Scholarship
- Laura Stensland attending Mercy College of Health Sciences awarded an \$1,800 Erma M. Hawkins Memorial Scholarship
- Anita Leveke attending Mercy College of Health Sciences awarded a \$1,200 Erma M. Hawkins Memorial Scholarship
- Danielle Bohnert attending Des Moines Area Community College-Ankeny campus awarded a \$500 Iowa Heart Foundation Scholarship.
- Tyler Stover attending Grand View University awarded a \$1000 David and Leticia Gordon scholarship

Julie Younger, Board President; Iowa Heart Center Administrative Team members Tim Nelson and Sam Ayres; Shirley Beaver, Dean of Nursing, Mercy College of Health Sciences; and Karen Hawkins, scholarship donor, attended the event and provided inspirational words to the

recipients. Certificates were awarded by Cindy Conroy, Iowa Heart Foundation Program Coordinator. The Foundation Board of Directors extends their gratitude to the students for their dedication and commitment to provide quality care for their patients.

Applications for the 2015 academic year will be posted in March 2015 to the website at www.iowaheartfoundation.org. For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.



2014 Iowa Heart Foundation **Scholarship Recipients** Front row from left: Danielle Bohnert,

Laura Stensland, and Anita Leveke Back row from left: Tyler Stover, Kevin

Rixmann, and Krista Hageman

September 2014 Volume 7 Issue 2

Special points of interest:

- 2014 Nursing Scholarships
- AED Device Placements

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Foundation News...



7th Annual Run For Your Life Event



The seventh annual "Run For Your Life" fundraising event was cancelled due to storm conditions on August 23, 2014. The Iowa Heart Foundation thanks those who registered for the event and the many volunteers who committed their time to the planning of this event.

Please SAVE THE DATE to attend the 8th Annual Run For Your Life event on Saturday, August 29, 2015.

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place three AEDs in Iowa communities.

Our gratitude is extended to our Event Supporters!

Gold Level: Daiichi-Sankyo

Bronze Level: AstraZeneca, St. Jude Medical

<u>Contributing Supporters:</u> Acist Medical, Fitness Sports, Iowa Heart Center, Janssen Pharmaceuticals, Mercy Medical Center-Des Moines, NB Golf Cars of Des Moines, Strawberry Patch; S. V. Advani, MD, Mark Bissing, DO, Jason Douglas, and David McAllister, DO,

Our gratitude is extended to the Volunteers!

Pat Aldrich, Amy Bentz Loss, Sherrie Biederman, Ella Birkett, Madelynn Birkett, Nikki Birkett, Nancy Coffman, Cindy Conroy, Mandy Corliss, Angie Christenson, Deb and Dan Cunningham, Jason and Sharon Douglas, Emma Drzycimski, Alan Fukushima, Debbie Furnish, Veronica Hollister, Minnie Jones, Polly Kellogg, Karla Kerr, Mike Matheny, Sue Matheny, Lee Melssen, Linda and Isaac Mercer, Alison Nagel, Ben Onsrud, Heidi Peterson, Katie Raasch, Jackie Roberts, Jolene Runkel, Pat Runkel, Eboni Sayonkon, Sandi Stogdill, Kirk Stone, Rita Stone, Amanda and Brandon Sutton, and Chris Walters.

AED Device Placements



The Iowa Heart Foundation is currently in its 7th year placing Automatic External Defibrillators in Iowa businesses and communities. Since the AED Placement Program began in Fall 2008, thirty-three AEDs have been distributed throughout Iowa.

"Each year increased interest in the Iowa Heart Foundation AED Placement Program demonstrates the commitment to saving the lives of Iowans, states Cindy Conroy, Iowa Heart Foundation Program Coordinator. Any Iowa business or community organization with a determined financial need interested in obtaining an AED is encouraged to contact Iowa Heart Foundation to obtain an application form. The Iowa Heart Foundation Board of Directors reviews applications on a quarterly basis at board meetings. Once an application is approved it takes approximately 6-8 weeks to order and receive the AED, schedule a time to place the AED with the recipient, and complete a training on the specifics of the AED."

AEDs are easy to use and designed for an individual to respond rapidly in emergency situations such as sudden cardiac arrest. Each minute without resuscitative measures (cardiopulmonary resuscitation, CPR and AED use) decreases the chance of survival. AEDs readily assist rescuers walking them through a series of steps to use the life-saving measures.



AEDs placed over the past few months include:

- May 12, 2014—(photo on left)—Presented by Joel From, MD to staff of Decatur County Public Health, Home Care and Wellness Center (Decatur County)
- May 15, 2014—(photo on right)—Presented to staff of Indianola Veteran's Memorial Aquatic Center (Warren County)



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Caldwell Esselstyn, M.D. at Community Education Event

The Iowa Heart Foundation hosted Caldwell Esselstyn, M.D. at a community education event on May 2, 2014 at the Iowa Heart Center West University office.

Dr. Esselstyn, a best-selling author seen on CNN's Last Heart Attack with Bill Clinton, presented "Preventing and Reversing Heart Disease".

Heart healthy refreshments were provided to the 200 attendees by Whole Foods Market. Copies of Dr. Esselstyn's book were donated by the Iowa Heart Foundation as door prizes.









SAVE THE DATE!

24th Annual Cardiovascular Today Conference

Saturday, February 7, 2015

Brochure and event details may be found in December,under "Upcoming Events" at www.iowaheartfoundation.org

SAVE THE DATE!

6th Annual Fall Conference

November 15. 2014

The 6th Annual Fall Conference will be held on Saturday, November 15, 2014 from 8:00 am to 12:00 noon at the Iowa Heart Center West University office. This annual event provides continuing education for nurses, medical assistants, EMS providers and other interested healthcare professionals. The 2014 program includes exhibits and speakers with an emphasis on electrophysiology.

For more information or to receive a brochure, please contact Cindy Conroy, Program Coordinator at (515) 633-3555 or at cconroy@iowaheart.com



Schedule of Events

- ullet September 24, 2014-Education Forum 11:30am-1:00pm, West ${f U}$
- October 2, 2014-Education Forum 11:30 am-1:00 pm, Ames
- October 6, 2014-Board of Directors Meeting 5:00-6:00 pm, Laurel
- October 8, 2014-Education Forum 11:30 am-1:00 pm, West U
- October 22, 2014-Education Forum 11:30 am-1:00 pm, Laurel
- October 29, 2014-Education Forum, 11:30 am-1:00 pm, Fort Dodge
- November 12, 2014-Education Forum 11:30 am-1:00 pm, West U
- November 15, 2014-6th Annual Fall Conference 8:00 am-12:00 noon, West U office
- November 19, 2014-Education Forum 11:30 am-1:00 pm, Laurel

Iowa Heart Foundation Board of Directors

Julie Younger, President
T.M. Brown, M.D., Chairman
Jose Borromeo, M.D., Vice Chairman
William J. Wickemeyer, M.D., Treasurer/
Secretary
David Gordon, M.D.
Denise Sorrentino, M.D.
Mark Tannenbaum, M.D.

Cindy Conroy, MA, RD, LD

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

Iowa Heart Foundation Memorials or Donations

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation. Matching gifts from participating employers are also welcome.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org

Your memorial or donation is 100% tax deductible. An acknowledgement letter will be mailed to confirm your tax-deductible gift. We thank you for your generosity and kindness in helping us serve Iowans and their communities.

Iowa Heart Foundation
5880 University Avenue, Ste. 101
West Des Moines, IA 50266
Phone: 515-633-3555
cconroy@iowaheart.com
www.iowaheartfoundation.org

In Memory or Honoring

Our deepest sympathy is extended to family and friends who suffered a recent loss.

The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life.















In Memory

Gerald (Jerry) Fisher
Irvin Huyser
Fred Lauffer
Erma Mae Speck



"Those we love truly never leave us, they live on in the love they brought into our lives."

In Honor Of

Suzie Glazer Burt

John & Esme

Marcus

Al McClatchey

Dr. & Mrs. Michael

Stein