Foundation News...



2013 Nursing Scholarships

On August 6, 2013 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, and scholarship recipients attended the event. This marks the sixth year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$8,400 in scholarships were awarded to the following students:

- Tracy Thompson attending Mercy College of Health Sciences awarded a \$1,900 C. J. Hawkins Memorial Scholarship
- Martha Meiners attending Mercy College of Health Sciences awarded a \$1,300 C. J. Hawkins Memorial Scholarship
- Caitlin Hainley attending Des Moines Area Community College-Newton campus awarded a \$1,900 Erma M. Hawkins Memorial Scholarship
- Laura Stensland attending Mercy College of Health Sciences awarded a \$1,300 Erma M. Hawkins Memorial Scholarship
- Jennifer Custer attending Des Moines Area Community College-Carroll campus awarded a \$500 Iowa Heart Foundation Scholarship.
- Laura Kain attending Des Moines Area Community College-Carroll campus awarded a \$500 Iowa Heart Foundation Scholarship.
- Tyler Stover attending Grand View University awarded a \$1000 David and Leticia
 Gordon scholarship

Julie Younger, Board President; Iowa Heart Center Administrative Team members Al McClatchey and Sam Ayres; Shirley Beaver, Dean of Nursing, Mercy College of Health Sciences; and Karen Hawkins, scholarship donor, attended the event and provided inspirational words to the recipients. Certificates were awarded by Cindy Conroy, Iowa Heart Foundation Program Coordinator. The Foundation Board of Directors extends their gratitude to the students for their dedication and commitment to provide quality care for their patients.

Applications for the 2014 academic year will be posted in March 2014 to the website at www.iowaheartfoundation.org. For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.



2013 Iowa Heart Foundation Scholarship Recipients

From Left: Tyler Stover, Caitlin Hainley, Karen Hawkins (donor), Laura Stensland, Tracy Thompson, Martha Meiners

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Special points of interest:

- 2013 Nursing Scholarships
- 6h Annual "Run For Your Life" Event

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SAVE THE DATE!

23rd Annual Cardiovascular Today Conference

Saturday, February 1, 2014

Brochure and event details may be found under "Upcoming Events" at www.iowaheartfoundation.

org

Foundation News...



6th Annual Run For Your Life Event



The sixth annual "Run For Your Life" fundraising event was held on a steamy Saturday morning on August 24, 2013 at Des Moines Water Works Park. 116 runners and walkers completed the 10K run/walk, 5K run/walk, and 2 mile walk. Award medals were presented to the top 3 finishers in the following age and gender groups: 14 and under (5K only), 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+. Participation medals were awarded to youth participants 14 and under. T-shirts were provided to all participants and volunteers.

Iowa Heart Foundation event volunteers generously contributed their time and talent to ensure a safe and organized event. Please see the list (right) of the individuals donating their time and talents to make the 2013 event a success!

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place two AEDs in Iowa communities.



2013 Run For Your Life
"Let's Beat the Heat!"

Our gratitude is extended to our Event Supporters!

Gold Level: Daiichi-Sankyo and Fitness Sports

Bronze Level: Boston Scientific and St. Jude Medical

<u>Contributing Supporters:</u> Iowa Heart Center, Mercy Medical Center-Des Moines, NB Golf Cars of Des Moines, Strawberry Patch; S. V. Advani, MD, Mark Bissing, DO, David McAllister, DO, and Mark Tannenbaum, MD

Our gratitude is extended to the wonderful Volunteers (pictured below)!

Larry Barnett, Dr. Phil Bear, Amy Bentz Loss, Sherrie Biederman, Ella Birkett, Madelynn Birkett, Nikki Birkett, Chris Buettner, Susan Johnson Brown, Nancy Coffman, Cindy Conroy, Tomi Cooney, Mandy Corliss, Nick Coulson, Teresa Coulson, Deb Cunningham, Jason Douglas, Debbie Furnish, Christine Greaves, Sharon Haag, Barb Hale, Cindy Henry, Linda Hughes, Minnie Jones, Polly Kellogg, Karla Kerr, Emily Klement, Mike Matheny, Sue Matheny, Al McClatchey, Randal Nerhus, Heidi Peterson, Katie Raasch, Jolene Runkel, Pat Runkel, Kirk Stone, Rita Stone, Tracy Thompson, Tammy Veasman, and Chris Walters.





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AED Device Placements















The Iowa Heart Foundation is currently in its 6th year placing Automatic External Defibrillators in Iowa businesses and communities. Since the AED Placement Program began in Fall 2008, twenty-five AEDs have been distributed throughout Iowa.

"Each year increased interest in the Iowa Heart Foundation AED Placement Program demonstrates the commitment to saving the lives of Iowans, states Cindy Conroy, Iowa Heart Foundation Program Coordinator. Any Iowa business or community organization with a determined financial need interested in obtaining an AED is encouraged to contact Iowa Heart Foundation to obtain an application form. The Iowa Heart Foundation Board of Directors reviews applications on a quarterly basis at board meetings. Once an application is approved it takes approximately 8-10 weeks to order and receive the AED, schedule a time to place the AED with the recipient, and complete a training on the specifics of the AED."

AEDs are easy to use and designed for an individual to respond rapidly in emergency situations such as sudden cardiac arrest. Each minute without resuscitative measures (cardiopulmonary resuscitation, CPR and AED use) decreases the chance of survival. AEDs readily assist rescuers walking them through a series of steps to use the life-saving measures.

AEDs placed this quarter include:

- September 18, 2013 Columbia Community Center in Columbia (Marion County)
- September 18, 2013 Humeston Christian-United Methodist Church in Humeston (Lucas County)
- September 24, 2013—Creighton University Retreat Center in Griswold (Cass County)

An AED donation was accepted by Amy Hoover and staff of Creighton University Retreat Center near Griswold, Iowa, on September 24, 2013.



An AED donation was accepted by Columbia Community Center in Columbia, Iowa on September 18, 2013





Schedule of Events

- October 9, 2013-Pharmaceutical Forum 11:30am-1:00pm, West U
- October 12, 2013—5th Annual Nursing and Medical Assistant Conference, 8:00am-12:30pm, West U
- October 30, 2013-Pharmaceutical Forum 11:30am-1:00pm, Fort Dodge
- November 13, 2013-Pharmaceutical Forum 11:30am-1:00pm, West U
- November 19, 2013-Board of Directors Meeting 7:00am-8:00am, West U
- November 20, 2013- Pharmaceutical Forum 11:30am-1:00pm, Laurel

Iowa Heart Foundation Board of Directors

Julie Younger, President
T.M. Brown, M.D., Chairman
Jose Borromeo, M.D., Vice Chairman
William J. Wickemeyer, M.D., Treasurer/
Secretary
David Gordon, M.D.
L. A. Iannone, M.D.
W. Ben Johnson, M.D.
Denise Sorrentino, M.D.
Kathy Goetz, RN, BS
Cindy Conroy, MA, RD, LD, Program Coordinator

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

Iowa Heart Foundation Memorials or Donations

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation. Matching gifts from participating employers are also welcome.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org

Your memorial or donation is 100% tax deductible. An acknowledgement letter will be mailed to confirm your tax-deductible gift. We thank you for your generosity and kindness in helping us serve Iowans and their



Iowa Heart Foundation 5880 University Avenue, Ste. 101 West Des Moines, IA 50266

Phone: 515-633-3555 Fax: 515-246-4488

www.iowaheartfoundation.org

In Memory or Honoring















Our deepest sympathy is extended to family and friends who suffered a recent loss.

The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life.

In Memory

Lavaughn Bachman Rebecca Crowdes Smith



"Those we love truly never leave us, they live on in the love they brought into our lives."