

# Foundation News...



## **IOWA HEART** *Foundation*

### **2012 Nursing Scholarships**

On August 7, 2012 Iowa Heart Foundation hosted its annual Nursing Scholarship Awards Tea. Board members, donors, and scholarship recipients attended the event. This marks the fifth year Iowa Heart Foundation has provided scholarships to nursing students in good academic standing with a financial need entering the cardiac or critical care field of nursing. This year a total of \$8,700 in scholarships were awarded to the following students:

- **Tracy Thompson** attending Mercy College of Health Sciences awarded a \$1,300 C. J. Hawkins Memorial Scholarship
- **Tyneisha Orr** attending Mercy College of Health Sciences awarded a \$1,800 C. J. Hawkins Memorial Scholarship
- Caitlin Hainley attending Des Moines Area Community College awarded a \$1,300 Erma M. Hawkins Memorial Scholarship
- Ashlee Davis attending Indian Hills Community College awarded a \$1,800 Erma M. Hawkins Memorial Scholarship
- Kourtney Marlow attending Iowa Central Community College awarded a \$1000 Iowa Heart Foundation Scholarship.
- Elizabeth Collier attending Iowa Central Community College awarded a \$500 Iowa Heart Foundation Scholarship.
- Callie Adreon attending Grand View University awarded a \$1000 David and Leticia Gordon scholarship

Kathy Goetz, Board Member, Robert Zeff, MD, Iowa Heart Center Surgeon, and Shirley Beaver, Dean of Nursing, Mercy College of Health Sciences, attended the event and provided inspirational words to the recipients. Certificates were awarded by Cindy Conroy, Iowa Heart Foundation Program Coordinator. The Foundation Board of Directors extends their gratitude to the students for their dedication and commitment to provide quality care for their patients.

Applications for the 2013 academic year will be posted in January 2013 to the website at www.iowaheartfoundation.org. For information related to the scholarship program, please contact Iowa Heart Foundation at (515) 633-3555.

#### September 2012 Volume 5, Issue 3

- Special points of interest:
- 2012 Nursing Scholarships
- 5th Annual "Run For Your Life" Event

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2012 Iowa Heart Foundation Scholarship Recipients From Left: Caitlin Hainley, Tracy Thompson, Tyneisha Orr, Ashlee Davis, Kourtney Marlow and Dr. Robert Zeff Foundation News...



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## 5th Annual Run For Your Life Event



The fifth annual "Run For Your Life" fundraising event was held on a cloudy, 60 degree morning on Saturday, August 25, 2012 at Des Moines Water Works Park. 144 runners and walkers completed the 10K run/walk, 5K run/walk, and 1 mile walk before the rain began! Award medals were presented to the top 3 finishers in the following age and gender groups: 18 and under, 19-29, 30-39, 40-49, 50-59, and 60+. Participation medals were awarded to youth participants 18 and under and to participants age 70+. Medals were also awarded to participants that had completed the event five consecutive years (Mykel Fallis, Becky Solinger, and Julie Younger). T-shirts were provided to all participants and volunteers.

Iowa Heart Foundation event volunteers graciously contributed their time and talent to ensure a safe and organized event. Please see the list (right) of the individuals donating their time and talents to make the 2012 event a success!

Steve Bobenhouse of Fitness Sports received a certificate of appreciation for his annual support of this annual fundraising event.

Each year funds raised from this event are allocated to purchase Automatic External Defibrillators (AEDs). The AEDs are then placed in Iowa businesses and organizations with an established need. This year funds raised are designated to place four AEDs in Iowa communities.



#### **Our gratitude is extended to our Event Supporters!**

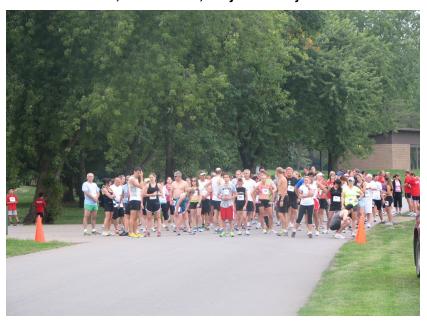
Silver Level: Abbott Vascular, Boston Scientific, Medtronic

Bronze Level: Daiichi-Sankyo, St. Jude Medical

<u>Contributing Supporters:</u> Bracco Diagnostics, Inc., Fitness Sports, Iowa Heart Center, Mercy EMS, Mercy Medical Center, NB Golf Cars of Des Moines, Strawberry Patch; S. V. Advani, MD, David McAllister, MD, and Mark Tannenbaum, MD

#### Our gratitude is extended to our wonderful Volunteers!

Larry Barnett, Amy Bentz, Sherrie Biederman, Cindy Conroy, Mandy Corliss, Nick Coulson, Teresa Coulson, Jason Douglas, Nancy Erdmann, Katie Fredericks, Debbie Furnish, Emily Gaulke, Pam Gaulke, Kathy Goetz, Katie Goetz, Katelyn Hagenbucher, Barb Hale, Lee Harker, Tina Harker, Cindy Henry, Janet Hill, Linda Hughes, Gina Jensen, Minnie Jones, Polly Kellogg, Brandon Martin, Al McClatchey, Diane McIlhon, Molly McIlhon, Darl McKimpson, Jeremy Mourlam, Randall Nerhus, Kim Oswald, Heidi Peterson, Meg Peterson, Katie Raasch, Jackie Roberts, Jolene Runkel, Karolina Sajnova, Sarah Simplot, Tracy Thompson, Tammy Veasman, Gary Walters, Chris Walters, and Jennifer Wojtoswicz



2012 Run For Your Life Runners Line Up

"Let's Beat the Rain!"



2012 – 18 & under Male 5K Winner

Blaise Winegardner of Monroe, Iowa. Additional event pictures may be seen on www.iowaheartfoundation.org and



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## AED Device Placements 🖤 🆤 🆤 🆤 🖤 🤎

The Iowa Heart Foundation is currently in its 5th year placing Automatic External Defibrillators in Iowa businesses and communities. Since the AED Placement Program began in Fall 2008, twenty AEDs have been distributed throughout Iowa.

"Each year increased interest in the Iowa Heart Foundation AED Placement Program demonstrates the commitment to saving the lives of Iowans, states Cindy Conroy, Iowa Heart Foundation Program Coordinator. Any Iowa business or community organization with a determined financial need interested in obtaining an AED is encouraged to contact Iowa Heart Foundation to obtain an application form. The Iowa Heart Foundation Board of Directors reviews applications on a quarterly basis at board meetings. Once an application is approved it takes approximately 4-6 weeks to order and receive the AED, schedule a time to place the AED with the recipient, and complete a training on the specifics of the AED."

AEDs are easy to use and designed for an individual to respond rapidly in emergency situations such as sudden cardiac arrest. Each minute without resuscitative measures (cardiopulmonary resuscitation, CPR and AED use) decreases the chance of survival. AEDs readily assist rescuers walking them through a series of steps to use the life-saving measures.

AEDs placed this quarter include:

- July 9, 2012 Mainstream Living of Des Moines/Ames.
- July 24, 2012— Johnston Soccer Club
- September 25—Springbrook Conservation Education Center, Guthrie County

An AED donation was accepted by AJay Winter, Training Specialist (far right) and staff of Springbrook Conservation Education Center in Guthrie County on September 25, 2012.



An AED donation was accepted by the staff of Mainstream Living of Des Moines/ Ames on July 9, 2012.







Foundation News...

Schedule of Events

- October 6, 2012 4th Annual Nursing and Medical Assistant Conference, 8:00am-12:40pm, West U
- October 10, 2012-Pharmaceutical Forum 11:30am-1:00pm, West U
- November 14, 2012-Pharmaceutical Forum 11:30am-1:00pm, West U
- November 28, 2012 Pharmaceutical Forum 11:30am-1:00pm, Laurel
- December 4, 2012-Board of Directors Meeting 7:00am-8:00am, West U
- February 2, 2013-22nd Annual Cardiovascular Today Conference, HyVee Conference Center, West Des Moines, Iowa

The Iowa Heart Foundation is a non-profit 501(c)(3) organization dedicated to promoting cardiovascular health through serving Iowans and their community.

#### **Iowa Heart Foundation Memorials or Donations**

If you wish to memorialize a loved one or if you have the financial means to assist those who cannot afford cardiac care or medications, we would gratefully welcome your donation.

Please mail your donation to the Iowa Heart Foundation located at 5880 University Avenue, Suite 101, West Des Moines, IA 50266. You may also download a donation form on our website at www.iowaheartfoundation.org

**Your memorial or donation is 100% tax deductible.** An acknowledgement letter will be mailed to confirm your tax-deductible gift. We thank you for your generosity and kindness in helping us serve Iowans and their communities.

### In Memory or Honoring

Our deepest sympathy is extended to family and friends who suffered a recent loss.

The Iowa Heart Foundation would like to extend our gratitude to the individuals who generously chose to memorialize their loved one, friend or family member or chose to honor a mentor or key person in their life. In Memory Rick Ermer C.J. Hawkins Erma M. Hawkins Aristeo Martinez



Honoring Dr. David

Gordon and wife Leticia

"Those we love truly never leave us, they live on in the love they brought into our lives."

#### Iowa Heart Foundation Board of Directors

Julie Younger, President T.M. Brown, M.D., Chairman Jose Borromeo, M.D., Vice Chairman W. Ben Johnson, M.D., Treasurer/ Secretary David Gordon, M.D. L. A. Iannone, M.D. Denise Sorrentino, M.D. William Wickemeyer, M.D. Kathy Goetz, RN, BS Cindy Conroy, MA, RD, LD, Program Coordinator



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